



# September 2019

## Smith Steam Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p><b>2</b></p> <p><b>CLOSED LABOR DAY</b></p>	<p><b>3</b></p> <p><b>Fish Burrito w/ Chipotle Coleslaw</b></p> <p>Crispy Chicken Sandwich</p> <p><i>Tuna Salad Platter w/ Roll</i></p> <p>Peas, Cucumbers, Applesauce, and Orange Juice</p>	<p><b>4</b></p> <p><b>Cheese Ravioli</b></p> <p>Crispy Chicken Caesar Salad w/ Roll</p> <p><i>Tuna Salad Sandwich</i></p> <p>Glazed Carrots, Fresh Broccoli, Banana, and Diced Pears</p>	<p><b>5</b></p> <p><b>Sweet &amp; Sour Chicken w/ Rice</b></p> <p>Cheeseburger/<i>Hot Dog</i></p> <p>Mixed Veggies, Green Bean Salad, Mixed Fruit, and Grape Juice</p>	<p><b>6</b></p> <p><b>Maxx Sticks w/ Marinara Sauce</b></p> <p>Chicken Tenders w/ Roll</p> <p><i>Fish Sticks w/ Roll</i></p> <p>Campfire Beans, Celery Sticks, Apple slices, and Pears</p>	<p><b>Special News...</b></p> <p><b>Bearcats</b></p> <p><b>"It starts with you"</b></p> 
<p><i>Breakfast for Lunch</i></p> <p><b>9</b></p> <p><b>Pancakes &amp; Sausage</b></p> <p>Bacon Frittata w/ Biscuit</p> <p><i>Cheeseburger</i></p> <p>Tater Tots, Baby Carrots, Pineapple, and Mixed Fruit</p>	<p><b>10</b></p> <p><b>Chicken Nachos</b></p> <p>Turkey Hot Dog</p> <p><i>Popcorn Chicken Salad w/ Roll</i></p> <p>Roasted Zucchini, Mexican Corn Salad, Raisins, &amp; Orange Juice</p>	<p><b>11</b></p> <p><b>Vegetarian Fried Rice</b></p> <p>Chicken Nuggets w/ Roll</p> <p><i>Cheese Pierogis w/ Roll</i></p> <p>Baked Beans, Red Peppers, Banana, and Diced Pears</p>	<p><b>12</b></p> <p><b>Philly Cheesesteak</b></p> <p>Fish Patty Sandwich</p> <p><i>Nacho Bean Salad w/ roll</i></p> <p>Fries, Cucumbers, Applesauce, &amp; Grape Juice</p>	<p><b>13</b></p> <p><b>Cheese Pizza</b></p> <p>Spicy Chicken Patty</p> <p><i>Ham &amp; Cheese Sandwich</i></p> <p>Collard Greens, Cucumber Tomato Salad, Apple, and Peaches</p>	
<p><b>16</b></p> <p><b>Chicken Parmesan w/ Spaghetti</b></p> <p>Sloppy Joe</p> <p><i>BBQ Riblet Sandwich</i></p> <p>Peas, Carrots, Pineapple, and Strawberry Craisins</p>	<p><b>17</b></p> <p><b>Walking Taco</b></p> <p>Chicken Nuggets w/ Roll</p> <p><i>Tuna Salad Platter w/ Roll</i></p> <p>Refried Beans, Tomato Wedges, Applesauce, and Fruit Punch</p>	<p><b>18</b></p> <p><b>Grilled Cheese w/ Tomato Soup</b></p> <p>Cheeseburger</p> <p><i>Fish Sticks w/ roll</i></p> <p>Potato Wedges, Red Peppers, Banana, and Diced Pears</p>	<p><b>19</b></p> <p><b>Chicken Mashed Potato Bowl</b></p> <p>Chicken Penne Alfredo</p> <p><i>Egg Chef Salad w/ Roll</i></p> <p>Green Beans, Celery Sticks, Mixed Fruit, and Grape Juice</p>	<p><b>20</b></p> <p><b>Pepperoni Pizza</b></p> <p>Chili Cheese Dog</p> <p><i>Chicken Tenders w/ roll</i></p> <p>Seasoned Corn, Fresh Broccoli, Apple, and Diced Peaches</p>	
<p><b>23</b></p> <p><b>Salisbury Steak Rosemary Gravy</b></p> <p>Turkey Hot Dog/<i>Chicken Noodle Soup</i></p> <p>Garlic Mashed Potatoes, Side Salad, Pineapples, and Strawberries</p>	<p><b>24</b></p> <p><b>Beef Nachos</b></p> <p>Chicken Tenders w/ Roll</p> <p><i>Egg Caesar Salad w/ Roll</i></p> <p>Black Beans, Tomato Wedges, Applesauce, and Fruit Punch</p>	<p><b>25</b></p> <p><b>Oven Baked Chicken w/ Roll</b></p> <p>Cheeseburger</p> <p><i>Meatloaf w/ Roll</i></p> <p>Collard Greens, Celery Sticks, Banana, and Pears</p>	<p><b>26</b></p> <p><b>Cheesy Broccoli Potato w/ Pretzel</b></p> <p>Chicken Patty</p> <p><i>Ham Chef Salad w/ Roll</i></p> <p>Peas, Baby Carrots, Mixed Fruit, and Grape Juice</p>	<p><b>27</b></p> <p><b>Cheese Pizza</b></p> <p>Chicken Nuggets w/Roll</p> <p><i>Turkey Sandwich</i></p> <p>Steamed Broccoli, Cucumber Tomato Salad, Apple Slices, and Peaches</p>	
<p><b>30</b></p> <p><b>Sweet Chili Dorito Macaroni &amp; Cheese</b></p> <p>Chicken Tenders w/ Roll</p> <p><i>Chili w/ Dinner roll</i></p> <p>Cinnamon Sweet Potatoes, Coleslaw, Pineapples, and Raisin</p>					

Menus are subject to change without notice.

### Milk Offered Daily

1% White, Skim Chocolate, Skim Strawberry, Skim Vanilla



This institution is an equal opportunity provider.