



MARCH

2022-2023

Headstart Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		<p>1</p> <p>Strawberry Nutri-Grain Bar</p> <p>String Cheese</p> <p>Applesauce Cup</p>	<p>2</p> <p>Fruit Cheerios Cereal</p> <p>Diced Strawberries</p>	<p>3</p> <p>Maple Madness Waffles</p> <p>Graham Crackers</p> <p>Apple Slices</p>	<p>Special News...</p> <p>COVID-19 Tips.....</p>
<p>6</p> <p>Honey Nut Cheerios Cereal</p> <p>Animal Crackers</p> <p>Diced Strawberries</p>	<p>7</p> <p>Mini Cinnis</p> <p>Orange Juice</p>	<p>8</p> <p>Chocolate Chip Muffin</p> <p>String Cheese</p> <p>Banana</p>	<p>9</p> <p>Strawberry Splash Pancakes</p> <p>Diced Peaches</p>	<p>10</p> <p>Lucky Charms Cereal</p> <p>Graham Crackers</p> <p>Apple Slices</p>	
<p>13</p> <p>Lucky Charms Cereal</p> <p>Animal Crackers</p> <p>Diced Peaches</p>	<p>14</p> <p>Chocolate Chip Muffin</p> <p>Orange Juice</p>	<p>15</p> <p>Blueberry Waffles</p> <p>Mixed Berry Applesauce Cup</p>	<p>16</p> <p>Banana Choc Chip Oatmeal Round</p> <p>Diced Strawberry</p>		
<p>20</p> <p>Fruity Cheerios Cereal</p> <p>Animal Crackers</p> <p>Diced Strawberries</p>	<p>21</p> <p>Turkey Sausage Pancake Wrap</p> <p>Orange Juice</p>	<p>22</p> <p>Banana Muffin</p> <p>String Cheese</p> <p>Banana</p>	<p>23</p> <p>Cinnamon French Toast</p> <p>Diced Peaches</p>	<p>24</p> <p>Trix Cereal</p> <p>Graham Crackers</p> <p>Apple Slice</p>	
<p>27</p> <p>Frosted Flakes</p> <p>Animal Crackers</p> <p>Diced Peaches</p>	<p>28</p> <p>Cocoa Puffs Cereal</p> <p>Orange Juice</p>	<p>29</p> <p>Blueberry Muffin</p> <p>Strawberry /Banana Yogurt</p> <p>Applesauce Cups</p>	<p>30</p> <p>Tony's Breakfast Pizza</p> <p>Banana</p>	<p>31</p> <p>Apple Cinnamon Cheerios Cereal</p> <p>Graham Crackers</p> <p>Apple Slices</p>	

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Menus are subject to change without notice.

All menus are subject to change

Brand or Equivalent Foods

Breakfast in the Classroom meals includes an entrée, fruit or juice, and milk.
To make a meal, students must take all items.



Milk offered daily
1% white, skim flavored, lactaid