



October 2021

Head Start Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				1 Cinnamon Toast Crunch Cereal Apple Slices	Special News... COVID-19 Tips.....  
4 Rice Crispy Cereal Diced Strawberries	5 Cheerios Cereal Orange Juice	6 Strawberry Splash Pancakes Banana	7 Corn Flakes Cereal Apple Juice	8 Cinnamon Toast Crunch Cereal Apple Slices	
11 Rice Crispy Cereal Diced Peaches	12 Cheerios Cereal Orange Juice	13 Blueberry Waffles Mixed Berry Applesauce Cup	14 Corn Flakes Cereal Fruit Juice	15 Cinnamon Toast Crunch Cereal Apple Slices	
18 Rice Crispy Cereal Diced Strawberries	19 Cheerios Cereal Orange Juice	20 Maple Bursting Pancakes Banana	21 Corn Flakes Cereal Apple Juice	22 Cinnamon Toast Crunch Cereal Apple Slices	
25 Rice Crispy Cereal Diced Peaches	26 Cheerios Cereal Orange Juice	27 Cinnamon French Toast Applesauce Cup	28 Corn Flakes Cereal Fruit Juice	29 Cinnamon Toast Crunch Cereal Apple Slices	

All menus are subject to change

Milk Offered Daily

1% White, Lactaid



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